

Updates to Masking Recommendations

With the termination of the federal Public Health Emergency (PHE), the federal government will no longer require laboratory case reporting. As a result, San Joaquin County Public Health Services will no longer be calculating COVID-19 community levels. California's current masking guidance asks residents to determine when to mask based on federal COVID-19 community levels (low, medium and high). Therefore, CDPH will be sunsetting its [Guidance for the Use of Face Masks](#) and associated [FAQ](#). The below message from CDPH outlines the updated masking recommendations. This guidance will be added to the top of the prior CDPH Face Covering Guidance and the FAQ and will remain posted to the [All Guidance page](#):

“Effective May 11, 2023, the CDC is no longer calculating COVID-19 Community Levels as a result of the sunsetting of the federal Public Health Emergency. As a result, CDPH is sunsetting its [Guidance for the Use of Face Masks](#) and is recommending all Californians consider the following:

- Wear a mask around others if you have respiratory symptoms (e.g., cough, runny nose, and/or sore throat),
- If you've had a significant exposure to someone who has tested positive for COVID-19, wear a mask for 10 days.
- When choosing to wear a mask, ensure your mask provides the best [fit and filtration](#) (Respirators like N95, KN95 and KF94 are best).

In addition, wearing a mask is increasingly important for those that are [at higher risk for getting very sick from COVID-19](#), and as the risk for transmission increases in the community:

- Examples of settings to consider wearing a mask include indoor areas of public transportation (such as in airplanes, trains, buses, ferries) and transportation hubs (such as airports, stations, and seaports), and other crowded indoor settings, especially where higher risk individuals are present.

Local health jurisdictions and other entities may have requirements in specific settings based on local circumstances.

For more tips and resources for face masks, visit the CDPH resource hub here: [Get the Most Out of Masking](#).

CDPH has updated the “[Get the Most out of Masking](#)” page with more details like increased focus on respirators as the best to protect the individual, and broadened language regarding protection from multiple respiratory viruses, not just COVID-19. CDPH will be updating the [masking communication toolkits](#) and will also incorporate some of the useful information from the current FAQs for the Masking Guidance into another guidance document specific to health care providers.

Actualizaciones a las recomendaciones de enmascaramiento